



## **CAMPOUT - July 15-20, 2007**

### **Daily Schedule:**

Breakfast 8:30 a.m. Lunch 12:30 p.m. Dinner 5:30 p.m.

Children 6 and under are to be taken to the social room for an activity during just prior to workshops and picked up when the workshop ends. Teens 13 to 17 will also be doing a group activity during workshop times.

3:45 to 5:20 p.m. Free time (hopefully a swim)

9:15 p.m. to 10:15 p.m. Adult sharing and fellowship time. No children will be allowed in this room during this time, so we can share some personal and specific issues. Child care is provided from 9:15 p.m. - 10:15 p.m. at your cabin. (Children 6 and under are to be settled into bed by 9:10 p.m. while our teens are to be in their own rooms.)

### **Daily Extras**

#### **Sunday, July 15 10:00 a.m.**

Folks should arrive after breakfast. All children 7 to 12 will be part of the Wabana program. Pack their gear and all meds separately. After the 7-12 years olds are settled, you will then be shown to your cabins. Un-pack and see the nurse. If you are not arriving for 10 a.m. July 15, please check in with CANGRANDS we will have someone available to escort you and children 7 to 12 how to join their Wabanna group and get settled into their cabins.

11 p.m. Get unpacked and meet in social room

1 p.m. - 2 p.m. Meet and greet in social room

2 - 3 p.m. A power point presentation of the past 4 years of CANGRANDS confernces and camps.

6:30 to 9 p.m. Enjoy a camp fire then get children ready and into bed.

9:15 to 10:15 p.m. Adult social time

## **Monday, July 16**

9:45 a.m. - 12:15 p.m. and 1:30 p.m. - 3:35 p.m. **Diana Fox**; A grief specialist will host a workshop on our grief and pain.

Diana Fox has worked extensively in the areas of addictions, HIV/AIDS, Fetal Alcohol Spectrum Disorder and alcohol use during pregnancy. She provides training, consultation and support to a range of organizations, groups and family members on grief, loss and palliative care supports. Diana is an active member of the Ontario FASD Stakeholders and the FASD Coalition of Ottawa.

6:30 p.m. to 9:10 p.m. Free time!

9:15 to 10:15 Adult social time

## **Tuesday July 17**

9:45 a.m. - 12:15 p.m. and 1:30 p.m. - 3:35 p.m. **Denise Fruchter** will host a workshop on Behaviour Management

Biography: Denise is one of the Directors and founder of Camp Winston and, as a special education teacher has been involved in the area of special needs camping and other special needs service agencies for thirty years. Denise often lectures for support groups and conferences on a variety of topics related to camping, education and behaviour management. She is a foster parent who also provides private counseling and home schooling to children with special needs. For details on Camp Winston click: [www.campwinston.com](http://www.campwinston.com)

After supper: Evening program of carnival games, jumping castle and wagon rides, then get children 6 and under ready and into bed.

9:15 p.m. to 10:15 p.m. Adult social time

## **Wednesday, July 18**

9:45 a.m. - 12:15 p.m. **Mike Moore, B.A. M.ed.**, will be presenting on 'Caring for the Caregiver'.

Mike is a recognized motivational speaker who has graciously agreed to volunteer his time and talents. All Mike's presentations include helpful content packaged in fun and humour. For more information, e-book, etc, visit his web site: [www.motivationalplus.com](http://www.motivationalplus.com)

1:30 p.m. - 3:35 p.m. **Dr. Marty McKay**, a psychologist who has treated and assessed children for over 30 years and consulted to the Children's Aid Society for 15 years will address us for the afternoon session! For more information, reports and articles Google "Dr. Marty McKay" Dr. Marty McKay, can be reached at 206 St. Clair Ave. W. Toronto, M4V 1R2 416-920-5546

6:30 to 8:40 p.m. "Mike's Music" and camp fire, then get children ready and into bed.

9:15 p.m. to 10:15 p.m Adult social time

**Thursday, July 18**

1:30 p.m. to 3:15 p.m. Grandmothers sharing circle in social room facilitated by Betty Cornelius

1:30 to 3:15 p.m. Grandfathers sharing circle in the chapel facilitated by Bruce Aitkens

9:15 p.m. to 10:15 p.m Adult social time

**Friday, July 19**

10 a.m. to 11:30 a.m. TBA

3:15 p.m to 4:15 p.m. Awards facilitated by Betty

4:30 p.m to 5:30 Pack up and clean cabin.

5:30 p.m. to 6 p.m. Supper

6 p.m. Go over to Camp Wabana and pick up your children 7 to 12 Don't forget!